



West Torrens parks and playgrounds

1 East Parkway Reserve

Location: East Parkway, Fulham



2 Apex Park Reserve

Location: Burbridge Rd, West Beach



3 Pacific Parade Reserve

Location: Pacific Parade, West Beach



4 River Torrens Linear Park (Breakout Creek Wetlands)

Location: Samuel St, Fulham



5 Lindfield Reserve

Location: Lindfield Ave, Novar Gardens



6 St Andrews Crescent Reserve

Location: St Andrews Cres, Novar Gardens



7 Camden Oval

Location: Saratoga Drv, Novar Gardens



8 Mellor Park

Location: Henley Beach Rd, Lockleys



9 Westside Bikeway (Creslin Tce Reserve)

Location: Creslin Tce, Camden Park



10 Florence St Reserve

Location: Florence St, Netley



11 Frank Norton Reserve

Location: Rankine Rd, Torrensville



12 Cowandilla Primary School

Location: Jenkins St, Cowandilla



13 Rex Jones Reserve

Location: Allchurch Ave, North Plympton



14 West Torrens Memorial Gardens

Location: Brooker Tce, Hilton



15 Kings Reserve

Location: Ashwin Pde, Torrensville



16 Thebarton Recreation Park

Location: Ashley St, Torrensville



Play equipment is accessible.

17 Grassmere Reserve

Location: Cross Tce, Kurralta Park



18 Jubilee Park

Location: Wellington St, Glandore



19 Dove St Reserve

Location: Dove St, Thebarton



20 Mile End Common

Location: Victoria St, Mile End



Booking a park

You only need to book a park or reserve if:

- You would like to erect a marquee.
- You would like to drive onto the reserve.

If you need to book a park, please call customer service on 8416 6333. Birthday parties, picnics and other events at your local park do not require bookings.

Your pocket guide to outside

Getting outdoors is where the real adventure begins.

This map provides locations, list of parks, playgrounds and trails. It will give you all the details you need and for some inspiration, check out the list of 20 things to do with your kids.

West Torrens Key

	Playground
	Shaded Play Area
	Fenced Play Area
	BBQ
	Shelter
	Tennis
	Basketball
	Cycling
	Open Grassed Area
	Toilets
	Liberty Swing

20 things to do with your kids outdoors

1. Chase the planes as you ride along the Anna Meares Bikeway.
2. Climb a tree.
3. Organise a play date at Jubilee Park.
4. Build an outdoor cubby or tree house.
5. Walk your dog along the River Torrens Linear Park.
6. Catch a yabby or tadpole in a creek – then release it.
7. Make a mud pie.
8. Have a family BBQ and play tennis at Rex Jones Reserve.
9. Make something with things you find at the park.
10. Explore nature at Apex Park wetlands and playground.
11. Roll down a hill.
12. Take your skateboard or BMX to the skate bowl at Kings Reserve.
13. Explore the dry creek bed from Grassmere Reserve.
14. Fly a kite in Mellor Park.
15. Skim a stone.
16. Take a Frisbee, a football and a friend to Lindfield Reserve.
17. Play “spotlight” (a night time game with torches).
18. Take your family for a ride along the Westside Bikeway.
19. Play in the bush/park and have a picnic lunch.
20. Go bug catching at Breakout Creek.

Give your kids an outdoor boost







Playing outdoors in nature is important for kids. It provides opportunities to:

- connect with family
- experience independence and freedom
- get dirty and connect with nature
- teach values such as sharing, negotiation and team work
- be physically active
- develop their brains; improving learning, concentration, memory and sleep patterns.

Parents will also benefit, so get out with your kids and enjoy the great outdoors when you get the chance.

For more hints and tips about getting out and about see the OPAL 'Life looks brighter outside' brochure and visit www.opal.sa.gov.au.

West Torrens Shared Paths

-  River Torrens Linear Park Bikeway
-  Reece Jennings Bikeway
-  Coast Park
-  Captain McKenna Pathway
-  Westside Bikeway
-  Mike Turtur Bikeway
-  Anna Meares Bikeway

Apps and links

Check out these great free smartphone apps to help you get more out of your time outdoors:

Snap Send Solve

This app allows you to quickly and easily report issues to council.

WildTime

This app helps you find fun activities to do outside based on how much time you have to play.

Park Play

This app helps kids and families discover new places to play outside by providing a comprehensive guide to playgrounds in Adelaide.

